



Rachel Epp Buller

Rachel Epp Buller is an inter-disciplinary artist based in Kansas in the United States. She is the recipient of two Fulbright scholarships, the latest of which she went to wintry Edmonton in north west Canada to make a piece of walking art called "One Hundred Days of Walking". Her piece has now been shortlisted for the inaugural Marsarto Award for Walking Art.

Andrew Stuck and Rachel talk over the Internet on a Zoom call about the importance to her of using different media to create work, including embroidery, bookmaking, and recording the sounds of the environment through which she walks. They also discuss how she maintained her discipline throughout the 100 days by keeping to a 'walking score', and how she has exhibited the work.

The interview opens with Andrew asking Rachel to explain a little bit about the Fulbright scholarship programme. 18'11" 8.5MB

Notes from the podcast interview by **Andrew Stuck**: Recorded on a Zoom call in November 2023 and published in February 2024. <http://www.talkingwalking.net>

Rachel's website: <https://balance.ddtr.net/>

The Maršarto Award shortlist and a blog piece written by Rachel about 'One Hundred Days of Walking': <https://walklistencreate.org/walkingpiece/one-hundred-days-of-walking/>

Fulbright Scholarship: <https://us.fulbrightonline.org/>

University of Alberta: Sound Studies Institute: <https://soundstudies.ca/> Their Director, Scott Smallwood: <https://soundstudies.ca/people/>

Snowshoe hares: https://en.wikipedia.org/wiki/Snowshoe_hare



Rachel recommends a couple of walking scores:

Wandering out of Doors (a score for listening by Rachel Epp Buller, 2022)

Go for a wander
and listen

Listen with your feet as you follow the paths
stretching before us
and behind us,
far beyond our seeing

Listen with your fingers
as you consider opening the windows
and doors of possibility
you find along the paths

Listen with all your senses
to those seen and unseen
who wander alongside-

out of doors,
out of windows,
out of time

Long Days and Long Journeys (a score for listening by Rachel Epp Buller, 2022)

Walk with a friend in the early morning
as the leaves begin to change

Listen with the transitions of autumn
as long days
and long journeys
prepare for transformation

Listen through crunching footsteps
and recall how small celebrations
help us traverse shifting seasons
of illness and loss

Listen for how to walk alongside
for the duration-

encountering awkward burdens and
stepping into moments of grace