



Hugh Lupton

Hugh Lupton is a storyteller, living in East Anglia, who has been walking the lanes and ways of Norfolk learning stories through walking, and sharing them across the globe. We meet on a cold and windy day in April on one of his favourite walks, beside the River Bure, and talk about how people can value place in a different way if they have a sense of the narratives that are associated with it. It is not the first time we have met. Both of us took part in the Sideways nomadic art festival, that included a walk across Belgian Flanders in 2012. 20'27" 9.6MB

Notes from the podcast interview by **Andrew Stuck**: Recorded in April 2021 on walk beside the River Bure in Norfolk and published in July 2021. <http://www.talkingwalking.net>

Hugh Lupton's website: <http://hughlupton.co.uk/>

Hugh has been a recipient of funding from the British Council: <https://www.britishcouncil.org/programmes>

Border Ballads: https://en.wikipedia.org/wiki/Border_ballad From Musgrave and Lady Barnard, Tamlyn Albion Fairs in East Anglia https://en.wikipedia.org/wiki/Albion_Fairs

Hugh's repertoire includes traditional Celtic stories, Norse & Greek mythology, Russian and Persian stories John Chapman, the pedlar of Swaffham https://en.wikipedia.org/wiki/Pedlar_of_Swaffham
Swaffham church: <https://www.swaffhamparishchurch.org/>

Aboriginal Songlines: <https://www.commonground.org.au/learn/songlines>

American psychologist James Hillman re-storying the landscape: https://en.wikipedia.org/wiki/James_Hillman

Sideways 2012 <https://www.tragewegen.be/nl/about>

Joe Baele, Belgian story teller & Hugh Lupton <https://www.tragewegen.be/baele-lupton-be-gb-en>

Tor Falcon - painter and drawer <https://torfalcon.co.uk/> Her Talking Walking interview: <https://www.talkingwalking.net/tor-falcon-talking-walking/>

The Peddars Way: https://www.nationaltrail.co.uk/en_GB/trails/peddars-way-and-norfolk-coast-path/

Boudican uprising: <https://en.wikipedia.org/wiki/Boudica>

Icknield Way: <http://www.icknieldwaytrail.org.uk/>

Helen Chadwick - singer: <https://helenchadwick.com/>

Liz McGowan - landscape artist <https://lizmcgowan.com/>

Hugh's book of stories along the Peddars Way: <https://burningshed.com/>

[Hugh_Lupton_Liz_McGowan_A_Norfolk_Songline_Book](https://burningshed.com/)

Mabinogion - cycle of Welsh legends: <https://www.historic-uk.com/HistoryUK/HistoryofWales/The-Mabinogion/>
"The Assembly of the Severed Head" is Hugh's new book on the Mabinogion: <https://propolisbooks.co.uk/products/the-assembly-of-the-severed-head-by-hugh-lupton>

Hugh recommends:

1. A walk beside the River Bure, starting from Burgh church (south of Aylsham, Norfolk), to the Oxnead Road and returning via Brampton church (with an extension to within sight of Oxnead Hall) <https://www.broads.co.uk/norfolk-broads/walks-around-the-broads/>
2. A walk along the coastline on the Llyn Peninsula in North Wales, starting from Nefyn to Morfa Nefyn Point <https://www.walescoastpath.gov.uk/plan-your-visit/itineraries/family-walks/nefyn-to-porthdinllaen-gwynedd/?lang=en>