



Jonathon Stalls

In 2010 Jonathon Stalls walked from Delaware to California, crossing the United States on foot in 242 days. Quite an endeavour but it pales besides what he has achieved in the last ten years. He is the founder and creator of [Walk2Connect](#) walking beside thousands of people. It began in his home state of Colorado, and has expanded to several states, and even to the UK. It encourages people to walk (or roll) together, at an unhurried pace, to connect more closely with one another and their surroundings, in turn, building their appreciation of the environment and opening their eyes to the obstacles faced by pedestrians. In this extended interview – our first undertaken on Zoom, a month before the COVID pandemic struck, we explore [Intrinsic Paths](#) and [Pedestrian Dignity](#), Jonathon's new creative endeavours, and look into the future at what he anticipates he will be working on in the next 20 years. 32'28" 15.2MB

As a walking artist, Jonathon sustains much of his creative work by way of patrons. You can learn more about becoming an Intrinsic Paths patron [here](#).

Notes from the podcast interview by **Andrew Stuck**: Recorded in January 2020 over Zoom and published in April 2021. <http://www.talkingwalking.net>

Intrinsic Paths: <https://www.intrinsicpaths.com/> Intrinsic Paths centres programming and artistic exploration through [Walking Invitation](#), [Engaged Contemplation](#), [Pedestrian Dignity](#), and [Movement Building](#).

Walk2Connect: <https://www.walk2connect.com/> We empower individuals, community groups and organizations to bring #Lifeat3MPH into everything they do, building a more human and connected world through walking. When we slow down and walk shoulder to shoulder with each other, we start to feel the call to connection that is in each of us. Check out this Youtube video about Jonathon and Walk2Connect: <https://www.youtube.com/watch?v=BnTrVgkZld0&t=2s>

A Walk across America by Peter Jenkins was the book that inspired Jonathan https://www.goodreads.com/book/show/122781.A_Walk_Across_America

Jonathon recommends:

1. Step out from your doorstep and walk for three days
2. Walk with someone who thinks differently from you
3. Should you be in Colorado, try this 12-15 day route from Fort Collins to Pueblo devised by Jonathon <https://www.intrinsicpaths.com/walkingroutes-colorado>