



20x20 Vision for walking in 2040 from Stefaan van Biesen - Transcript

Hello I am **Stefaan van Biesen** a multi-disciplinary walking artist from Belgium in the Antwerp region

At the moment I'm working on a number of projects that start from performative walks that serve as inspiration for my up coming projects and exhibitions

In recent years we've often been walking alone in our region. You hardly saw people taking a walk. That has changed a lot now So we no longer walk alone and that is encouraging. Funny thing is that as that has grown, it has set something motion. We see many more walkers in the landscape. People need relaxation and outdoor fresh air. I hope that this trend continues and that people will see more of its value, both mentally or as a form of more awareness and a connecting activity with nature in our environment. This can be a game changer, a wake-up call for for many.

A Vision of the world of walking in 2040

So my wish that by 2040 that we moved together in society that has embraced walking as a valuable activity, as a social and environmental conscious act, as simple medicines for stress and burnout. Climate change and the ecological challenges await us in future generations will thus be. given a new political approach The realisation that we must protect the fragile balance between man and nature from indifference. That would be a source of new human ingenuity and inspiration. So keep on walking, walking as a way to express our love for mankind and nature and to enjoy life with all our senses.

Thank you