



20x20 Vision for walking in 2040 from Rachael Elliott - Transcript

I'm **Rachael Elliott**, working from my kitchen table in north London at the end of January 2021. Cycling, yoga, and walking have helped me steer my way through 2020. With a big dose of volunteering and arts and crafts practice too. I walk in London and in the surrounding countryside, with my partner David.

For me, walking is an integral part of my day because it is how I notice. And noticing more is integral to how I thrive.

I started to walk for pleasure some years ago, have just worn out my first pair of proper walking boots (after 13 years) and now acquired new ones.

Lockdown has simply highlighted to me how important staying healthy and well-balanced is to city dwellers. We are lucky. The UK has so much undeveloped land and coastline to explore.

My 20x20 Vision for walking in 2040

I can see walking becoming a more serious option for travel for city dwellers. For leisure, work and health reasons. I can see segmented walking routes being laid down and used.

I can see more shifts to the promotion of walking and the disincentivisation of any vehicle transport other than rapid transit, cycling or low impact measures such as scooters. I can see children being rewarded for arriving at school not in a car.