



Mark Reid from Team Walking

If you are ever going to be caught out in inclement weather on the mountains or hills of northern England, having met **Mark Reid**, founder of Team Walking, Andrew Stuck can think of no other person he would rather have as his guide. Mark's passion for the outdoors is only outshone by his desire to share it with others. He has written many guide books, led countless walks and facilitated workshops in the hills, and has notched up mountain leadership and training qualifications by the score. In this interview, we talk about creative thinking as Andrew has just joined one of Mark's regular, seasonal 'netwalking' events with local businessmen and women in the Yorkshire Dales. However, the interview opens with Mark describing a recent philosophy walk that he co-devised with community philosopher, Graeme Tiffany, revealing how walking with others can take you in to deeper thoughts. 22'15" 10.4MB

Notes from the podcast interview by **Andrew Stuck**: Recorded in June 2018 at Swinton Bivouac. Published in January 2020 on <http://www.talkingwalking.net>

Mark Reid founded **Team Walking** that offers guided walks, team building events and outdoor skills workshops <https://www.teamwalking.co.uk/> - check out their calendar of events to get a measure of the range of activities offered and how far Mark walks in a year! <https://www.teamwalking.co.uk/walks-calendar/>



Mark leads Philosophy walks: <https://www.teamwalking.co.uk/events/philosophy-walks/>
a local pilgrimage route is St Cuthbert's Way: https://en.wikipedia.org/wiki/St_Cuthbert%27s_Way

Mark has written several walking guide books: the Inn Way Guides: <https://www.teamwalking.co.uk/product-category/shop-books/>

Mountain Leader Award - find out more about mountain leadership through the Mountain Training Association: <https://www.mountain-training.org/>

The interview took place following a Netwalking event around The Bivouac in Swinton, North Yorkshire <https://www.swintonestate.com/bivouac/>. North Yorkshire has two national parks and several areas of outstanding natural beauty, and much of the Coast to Coast route https://en.wikipedia.org/wiki/Coast_to_Coast_Walk - find out more about North Yorkshire here: <https://www.northyorks.gov.uk/places-visit-north-yorkshire>

Inspired by his geography teacher at grammar school and by James Herriot (Alf White) https://en.wikipedia.org/wiki/James_Herriot

Favourite and Recommended walks

1. Out with the family on a walk with a view
2. Swaledale is the most beautiful place Mark has been to: <https://en.wikipedia.org/wiki/Swaledale> and the best walk there is from Muker, up to Keld over Kisdon Hill: <https://www.walkingintheyorkshiredales.co.uk/Kisdon%20Hill.htm>