



Alban Low

Alban Low is the curator of an unusual art exhibition involving more than a dozen artists and as many writers, called Love Tokens and Bad Pennies, which you can explore by walking the streets of London in February. He tells Andrew Stuck, producer of *Talking Walking*, he is like an absent party host, arranging experiences and artistic interventions in public space for everyone to enjoy, while himself, keeping to the shadows. A publisher of chap books, illustrator and cartographer, he has a lot of projects on the go, for which walking and walks are integral. 15'39" 7.3MB

Notes from the podcast interview by **Andrew Stuck**: Recorded in February 2019 on a walk around Richmond Green, London. Published in February 2019 on <http://www.talkingwalking.net>

Alban Low <http://www.albanlow.co.uk/>

"Love Tokens and Bad Pennies" <http://www.thelondongroup.com/love-tokens-bad-pennies/> - a collaboration called Collect Connect <http://collectconnect.blogspot.com/>

"Small World Futures" <https://www.a-n.co.uk/events/small-world-futures/>

Francesca Albini <https://www.eastfinchleyopen.org.uk/francesca-albini.html>

Walking maps include one commissioned by Barts (St Bartholomew's), The Royal London and Mile End hospitals: <https://sampsonlow.co/2018/11/20/before-the-nhs-a-walk-through-east-londons-medical-past/>

Being Human Festival <https://beinghumanfestival.org/>
NHS anniversary <https://www.england.nhs.uk/nhs70/>

Magnet artwork on Brighton Sea front and in Cambridge with collection of community Blue Plaques <https://sampsonlow.co/2014/09/18/cambridge-blue-plaque-walk/>

Walked across London to write LONDON in five mile high letters

Publishing other people's Tweets in Greenford and Perivale as @smartwalks <https://twitter.com/smartwalks>

Alban is artist in residence at the School of Nursing at Kingston University <https://www.healthcare.ac.uk/mental-health-nursing-team-collaborates-with-artist-alban-low-to-promote-awareness-into-this-often-hidden-world/> and <https://www.kingston.ac.uk/news/article/1091/01-aug-2013-artist-draws-on-challenges-of-mental-health-nursing-for-latest-exhibition/>

Carry on films [https://en.wikipedia.org/wiki/Carry_On_\(franchise\)](https://en.wikipedia.org/wiki/Carry_On_(franchise))

Alban does work for jazz musicians doing album cover work <http://artofjazz.blogspot.com/>, and public engagement work for universities especially around mental health.

Chap books <https://www.bl.uk/romantics-and-victorians/articles/chapbooks>
Sampson Low publishers of maps and chap books: <https://sampsonlow.co/>

Spotlight <https://www.spotlight.com/>

Jack Clapper - saxophonist <https://www.nationaljazzarchive.org.uk/search?q=Jack+Clapper&action=search&qt=a>

Alban recommends: Seek out an old directory in a second hand bookshop or junk shop, and use that as the catalyst for rediscovering places on foot.