



Carolyn Affleck Youngs

At the time of the publication of “*Walking to Japan*”, Andrew Stuck, producer of *Talking Walking*, was lucky enough to catch up with Canadian **Carolyn Affleck Youngs** in London; she had co-authored the book with her now deceased husband, **Derek Youngs**. Carolyn took a walking holiday on the Camino de Santiago, in northern Spain, where she met and eventually fell in love with Derek Youngs, himself a long time pilgrim, who walked for peace. Carolyn has quite a story of long walking of her own, but we also discuss the power of pilgrimage and she and Derek walking together, and how simply putting one step in front of the other, can have profound meaning to an individual as to society as a whole. Behind us is bustling Bermondsey and Bankside. We had to stop several times as the ambient noise of traffic and construction became too intrusive. 18’25” 8.7MB

Notes from the podcast interview by **Andrew Stuck**: Recorded in July 2017 on a walk in London’s Bankside and Bermondsey. Published in February 2019 on <http://www.talkingwalking.net>

“Walking to Japan” can be purchased from <http://www.walkingtojapan.com/>

Camino de Santiago https://en.wikipedia.org/wiki/Camino_de_Santiago

Peacewalker Society <http://www.peacewalker.com/> Derek Youngs’ reason for walking for peace: <http://www.peacewalker.com/derek-youngs.php>

The Great Peace March 1986 <http://greatpeacemarch.org/history.htm>

Sadako Sasaki https://www.hiroshima-is.ac.jp/?page_id=230 and a recent article in the Huffington Post https://www.huffingtonpost.com/michael-rose/the-girl-who-transformed-the-paper-crane_b_3787670.html?guccounter=1

Isle of Wight Walking Festival celebrates its 21st anniversary in 2019 <https://isleofwightwalkingfestival.co.uk/>

Richard Long <http://www.richardlong.org/>

Nipponzan-Myohoji Buddhist Order spread peace by constructing pagodas around the world including one in Battersea Park, London <https://en.wikipedia.org/wiki/Nipponzan-My%C5%8Dh%C5%8Dji-Daisanga>

Carolyn recommends:

New River Path, London https://en.wikipedia.org/wiki/New_River_Path

Peace pagoda, Battersea Park https://en.wikipedia.org/wiki/Peace_Pagoda

Shikoku Pilgrimage in Japan https://en.wikipedia.org/wiki/Shikoku_Pilgrimage