



Sara Wookey

Sara Wookey is a creative dancer and choreographer, who when based in Los Angeles works as a movement consultant to Metro Transit the underground public transport system, winning over discretionary metro riders to experience the city on public transport beside discovering life on foot. Walking in LA was the means by which Sara discovered the city when she moved there in 2006. Being a pedestrian in LA is not something that many aspire to, walking in the city, or riding public transit is for those who can't afford a car. Sara's work as a movement consultant has also taken her in doors to museums and galleries, where she works with museum visitors to explore collections in a more playful way, and out and about in neighbourhoods working alongside urban planners.

Sara is currently performing at the Raven Row Gallery, in London, in a historic dance piece devised by Yvonne Rainer in 1966, likened to being a pedestrian as the performance links day to day movements.

http://en.wikipedia.org/wiki/Yvonne_Rainer
<http://www.ravenrow.org/current/>

Notes from the podcast interview by Andrew Stuck: Recorded on a walk in Greenwich Park, London on a blustery day in March 2014 and published in August 2014 on <http://www.talkingwalking.net>

Sara Wookey's website: <http://sarawookey.com/home.html>

With her background in dance, Sara chose to get to know her new home, the city of Los Angeles, by walking through its neighbourhoods, presenting her discoveries in a collection of walks and photo essays.

Walking is a class issue in LA - only those who can't afford to buy a car, walk or choose to ride public transport.

Sara works as a movement consultant on behalf of Metro Art, a department of Metro Transit, the city's underground public transport, for whom she trains discretionary transit riders to get use to travelling on foot and in close proximity to other travellers, as well as appreciating the art that decorates the transit system.

http://sarawookey.com/artwork/3370084_Outreach_Consultant_Metro_Art_Creative.html

Sara has worked at the Hammer Museum in the South Park neighbourhood of LA as well as at the van Abbemuseum and Gallery in Eindhoven, looking at ways in which museum goers can interact more playfully with the museums' collections.

http://sarawookey.com/section/122217_MUSEUM_amp_CIVIC_PROJECTS.html

She also worked on a project called "Being Pedestrian" as part of Hollywood Actions of Time and Space, working with urban planners, and tourists who came to touch the stars embedded in the famous 'sidewalk of fame'. http://sarawookey.com/artwork/1200115_BEING_PEDESTRIAN.html

Sarah Wookey recommends:

Take an epic walk, adding a playful extension to what ever you choose to do or go.