



**Reg Carremans** is a landscape painter who makes his work through walking or rubbing against the environment in which he is in. He was the only Belgian artist to complete the 375km Sideways 2012 Walking and Art Festival route, using canvas on the soles of specially adapted walking boots to gather multiple impressions for a series of 'landscape paintings' displayed en route.

Notes from the podcast interview by Andrew Stuck: Recorded in August 2012 on the nomadic month long cross Flanders Sideways 2012 Walking and Art Festival and published in January 2013 on <http://talkingwalking.net>

Reg Carremans' website: <http://www.regcarremans.com>

Sideways2012 walking and art festival: <http://www.tragewegen.be/nl/about>

Reg's 'Pathscape' for Sideways: <http://www.tragewegen.be/nl/reg-carremans-be-en> and <http://regcarremans.wordpress.com/2012/11/06/pathscape/>

Reg is an enthusiast for hiking trails in Iceland and has volunteered to maintain them over the last few years. Put your hand to trail repair: <http://www.icv.is> This experience has influenced his work and has enticed him to walk longer and further when he returns home to Belgium.

Influences have included Richard Long: <http://www.richardlong.org/> and a family that suffer from bouts of the English disease: <http://oald8.oxfordlearnersdictionaries.com/dictionary/the-english-disease> sometimes referring to rickets.

Francis Alys: <http://www.francisalys.com/>

Apart from trail maintenance, Reg is also a part time Dutch language teacher.

**Reg's recommended walks** – stem from his volunteer work in Iceland.

[http://nat.is/gonguleidireng/gonguleidir\\_allt\\_landid.htm](http://nat.is/gonguleidireng/gonguleidir_allt_landid.htm) provides information on many routes – Reg recommends the Western fjords.

Reg grew up in the mining area of Lindberg, Flanders in Belgium where residue slag heaps have become overgrown and provide opportunities for rambling on mad-made hills, offering unusual views of the local low lying countryside: <http://toerisme.heusden-zolder.be/>