



Danielle Wilson:

Danielle Wilson talks to Andrew Stuck about how she came to train as a labyrinth walk facilitator. Danielle offers regular labyrinth walks at Rosslyn Hill Chapel, in Hampstead, London – you can find out more from her website:

<http://www.daniellewilson.com/>

Notes from the podcast interview by Andrew Stuck: Recorded in April 2010 and published in February 2011 on <http://talkingwalking.net>

Danielle first walked a labyrinth at Rosslyn Hill Chapel in Hampstead.

<http://www.rosslynhillchapel.com/> She trained as a labyrinth walk facilitator in America with Dr Lauren Artres <http://www.laurenartres.com/> – Dr Lauren Artres organises trips to Chartres Cathedral in France

http://www.lessons4living.com/chartres_labyrinth.htm , in which there is a 11 ringed labyrinth. Chartres was a “pilgrimage cathedral” – a metaphorical destination for those pilgrims unable to reach Jerusalem because of the crusades.

Jeff Seward is one of the leading labyrinth designers and provides a valuable resource about labyrinths on the Labyrinthos website: <http://www.labyrinthos.net/> Danielle’s website also provides a myriad of links to labyrinth resources as well as details of the walks she offers: <http://www.daniellewilson.com/page8.htm>

You can purchase canvas labyrinths, here is one supplier: <http://www.labyrinth-enterprises.com/canvas.html>

Labyrinths and mazes are often confused, Danielle explains the difference between them, you can also read about them on wikipedia

<http://en.wikipedia.org/wiki/Labyrinth> and <http://en.wikipedia.org/wiki/Maze>