



Peter Tombrowski: filmmaker, author and walking resident of Calgary, Canada, talks about his philosophy and way of life.

Notes from the podcast interview by Andrew Stuck: April 5, 2008 on <http://talkingwalking.net>

Peter and his wife, Andrea Tombrowski, wrote and published "**Urban Camping: A Testament to Living Without a Vehicle**" in 2006. You may purchase an eBook at www.amazon.com, www.barnesandnoble.com and other mainstream eBook sellers. Copies of the soft cover book are also available from the authors at www.urbancamping.ca.

In the interview, Peter talks about his frequent trips for groceries to Costco South, a 5-km round trip located at: <http://g.co/maps/32srs> (99 Heritage Gate SE, Calgary).

In the interview, Peter also talks about his trips to IKEA, a 6-km round trip located at: <http://g.co/maps/guweu> (11 St. SE, Deerfoot Meadows, Calgary)

Peter created a short film called "**To Costco and IKEA Without a Car**" which screened at the prestigious Hot Docs Canadian International Documentary Film Festival in 2007: <http://hotdocslibrary.ca/en/detail.cfm?filmId=20801>. You may also view it on Vimeo: <http://vimeo.com/20250300>

Inspired by a car advertisement, Peter set his short film to Anton Dvorak's Slavonic Dance in C. Read the Wikipedia entry about Dvorak: http://en.wikipedia.org/wiki/Antonín_Dvorak

Living in Calgary is made more bearable due to the warming effects of "chinooks" (warm winds blowing from the Rocky Mountains): <http://www.mountainnature.com/climate/chinook.htm>